

Year at a Glance

DATE	EVENT
SEPT 14	Eliminating Obstacles to Attaining Spiritual Realizations Retreat
21	Introduction to Meditation and Mindfulness
21	Banishing the Pain of Unrealistic Expectations - Annapolis Retreat
22	Buddha's Return from Heaven Day with OSG prayers
27-Oct3	International Fall Festival in Arizona
OCT 13-18	Guru Yoga/Mandala Offering Retreat
19	Intro to Meditation and Mindfulness; Volunteer Clean-Up Party
19	Building Self Confidence - Annapolis Retreat
25	Je Tsongkhapa Day with OSG prayers
26-27	Empowerment of Buddha Vajrasattva
NOV 2	International Temples Day
3-8	Vajrasattva Retreat
16	Introduction to Meditation and Mindfulness
16	Overcoming Mental and Physical Pain - Annapolis Retreat
23	Overcoming Impatience, Irritability and Anger Day Retreat
27-30	Temple closed for Thanksgiving Holiday
DEC 6-8	Mid-Atlantic Dharma Celebration at KMC DC
14	The Power of Mantra: Mind Protection - wrist mala-making workshop
21	Sangha Social Potluck Lunch
23-29	Temple Closed for Winter Break (except for Dec 24th event)
24	Holiday Prayers for a Peaceful World
31	Living with Joy New Year's Eve Celebration
JAN 1	Meditations to Nourish Your Body & Mind Silent Day Retreat
2-3	Guided Lamrim Retreat: Meditations for a Happy Life
4	The Liberating Prayer: A Complete Path to Enlightenment Retreat
8-10	Highest Yoga Tantra Retreat
10	Vajrayogini Day with OSG prayers
11	Self Initiation of Venerable Vajrayogini
17-20	Retreat at the Beach: Mind is Creator
25	Heruka Day with OSG prayers
25	Introduction to Meditation and Mindfulness
25	Harnessing the Power of Our Determination - Annapolis Retreat

DATE	EVENT
FEB 1	Coming Under the Umbrella: Refuge Vows & Teachings
2-7	Refuge Retreat
8	Valentine's Party: Food for Thought Featuring the Love Panel
21	Free Public Talk w/Gen Tilopa: Desire: A Healthy Perspective
22	From Ordinary to Extraordinary: How Tantra Changes Everything Day Retreat w/Guest Teacher Gen Tilopa
29	Introduction to Meditation and Mindfulness
29	Conquering Depression - Annapolis Retreat
MAR 21	Freedom From Suffering: Everyone Can Achieve It Day Retreat
28	Overcoming Overwhelming Obstacles: The Practice of the Great Mother - Annapolis Retreat
28	Introduction to Meditation and Mindfulness
APR 3-5	Away Retreat in the Western Maryland Countryside
4	NKT Day
10-11	Drop of Essential Nectar Purification Retreat
15	Buddha's Enlightenment Day with OSG prayers
25	Walk for World Peace Fundraiser
MAY 2	Introduction to Meditation and Mindfulness; Volunteer Clean-Up Party
2	Mind is Creator - Annapolis Retreat
3-8	Guru Yoga Mandala Offering Retreat
16-17	Empowerment of Buddha Avalokiteshvara
22-27	UK Spring Festival
JUNE 4	Buddha's Turning of the Wheel of Dharma Day & Geshe-la's Birthday, OSG
6	The Art of Forgiveness: Letting Go of Guilt, Shame and Blame Retreat
12-17	US Festival at KMC New York
20	Introduction to Meditation and Mindfulness
JULY 4	Summer Sangha Social Potluck
11	Experiencing Stillness Within: Meditations to Quiet the Mind (silent retreat)
18	Introduction to Meditation and Mindfulness
24-Aug 8	UK Summer Festival
AUG 21	Free Public Talk w/Gen Dorje: Letting Go of Worry and Anxiety
22	Escape from Reality: Teachings on Ultimate Truth Retreat w/Gen Dorje
29	Introduction to Meditation and Mindfulness



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