

KADAMPA MEDITATION CENTER MARYLAND

For Event Details and the Most Up-to-Date Schedule, Go to MeditationMD.org/calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 6pm After-work Meditation Everyone Welcome!	2 10:30am Annapolis 12:15pm Lunch-time Meditation Annapolis 7pm Churchville 7pm Annapolis 7:30pm Columbia	3 9am Dakini Yoga** 10:30am Meditation Class 12:15pm Lunchtime Meditation 4pm WFJ 6pm After work Meditation 7pm TTP 7:30pm Mt Vernon class	4 9am Quick Path** 4pm WFJ 7pm Meditation Class	5 9am Quick Path** 12:15pm Lunch-time Meditation 4pm WFJ with offering	6 NKT Day <div style="border: 2px solid red; padding: 5px; text-align: center;"> Peace of Mind Meditation Retreat 10am – 5pm </div>
7 10:30am Prayers for World Peace Meditation Class 10:30am Kids Meditation 1:30pm TTP 4:30pm FP-Baltimore 5pm FP-Annapolis	8 4pm Tara Prayers 6pm After-work Meditation Everyone Welcome!	9 10:30am Annapolis 12:15pm Lunch-time Meditation Annapolis 7pm Churchville 7pm Annapolis 7:30pm Columbia	10 9am Dakini Yoga** 10:30am Meditation Class 12:15pm Lunch-time Meditation 4pm WFJ 6pm After work Meditation 7pm OSG 7:30pm Mt Vernon class	11 9am Quick Path** 4pm WFJ with offering 7pm Meditation Class	12 Temple only open for Retreat <div style="border: 2px solid red; padding: 5px; text-align: center;"> Drop of Essential Nectar Purification Retreat 6:30am Precepts required, 8am, 10:30, 2pm </div>	13 Temple only open for Retreat <div style="border: 2px solid red; padding: 5px; text-align: center;"> Drop of Essential Nectar Purification Retreat 6:30am Precepts required, 8am, 10:30, 2pm </div>
14 10:30am Prayers for World Peace Meditation class 10:30am Kids Meditation 1:30pm TTP 1:30pm GYMO Retreat 4:30pm FP-Baltimore 5pm FP-Annapolis	15 Buddha's Enlightenment Day 3pm OSG Everyone Welcome! 6pm After-work Meditation	16 10:30am Annapolis 12:15pm Lunch-time Meditation Annapolis 7pm Churchville 7pm Annapolis 7:30pm Columbia	17 Guru Yoga Mandala Offering Retreat 9am, 4pm, 7pm 10:30am Meditation Class 12:15pm Lunch-time Meditation 6pm After work Meditation 7pm TTP (Retreat) 7:30pm Mt Vernon class	18 Guru Yoga Mandala Offering Retreat 9am, 11:30am 4pm 7pm Meditation Class	19 Guru Yoga Mandala Offering Retreat 9am 12:15pm Lunch-time Meditation 4pm WFJ with offering	20 10:30am WFJ 12pm Powa Prayers for the Deceased 2pm-3:30pm Intro to Meditation and Mindfulness
21 10:30am Prayers for World Peace Meditation Class 10:30am Kids Meditation 1:30pm TTP 4:30pm FP-Baltimore 5pm FP-Annapolis	22 6pm After-work Meditation Everyone Welcome!	23 10:30am Annapolis 12:15pm Lunch-time Meditation Annapolis 7pm Churchville 7pm Annapolis 7:30pm Columbia	24 9am Dakini Yoga** 10:30am Meditation Class 12:15pm Lunch-time Meditation 4pm WFJ 6pm After work Meditation 7pm TTP 7:30pm Mt Vernon class	25 7pm Meditation Class	26 US Festival April 26 – May 1 Temple is Closed	27 US Festival April 26 – May 1 Temple is Closed
28 US Festival April 26 – May 1 Temple is Closed	29 US Festival April 26 – May 1 Temple is Closed	30 US Festival April 26 – May 1 Temple is Closed	APRIL 2019 Parking lot: 900 E Northern Pkwy, Baltimore 21212 www.meditationMD.org 410-243-3837			KEY Prayers for World Peace Meditation Class - by donation WP Cafe – World Peace Cafe ** - Meditations for Highest Yoga Tantra empowered people only OSG – Offering to the Spiritual Guide Chanted Prayers WFJ - Wishfulfilling Jewel Chanted Prayers